

For Effective Creation, Thought & Action

Life experiences, karmic requirements and physical cycles often challenge and impact on our inner energy hampering our effectivity.

Akhbaka elixirs of masculine power are designed to correct the resultant imbalances, promoting healing, growth and a sense of wellbeing and wholeness.

The essences facilitate change by introducing us to specific energies (vibrations). Subtle yet powerful, these elixirs are unique in their ability to influence and support our personal destiny and life purpose

The range consists of 48 elixirs and can be taken individually or in a blend created specifically for you.

About Essential Energies And Nevine Rottinger

Essential Energies Aims to support every man, woman and child on this planet by supplying them specific and uniquely appropriate energies for every stage in their life.

We feel the energies we make available are essential to spiritual, emotional and physical wellbeing.

We believe that supporting people in becoming totally integrated and in harmony within themselves in turn creates a better world for all of us.



Nevine Rottinger is the creator of the elixirs and the owner of Essential Energies.

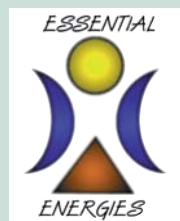
Her career to date has encompassed science, business, media psychic and Vibrational Healing. She has taught metaphysics for well known colleges.

For more details on Workshops, Practitioners & Stockists visit;
www.essential-energies.com.au

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Elixirs of
Masculine Power



AKHBAKA

The Smart way to make a difference

Whether you want to make a difference to your own life or in the world at large.

You will probably need to make some changes somewhere!

You may need to help yourself before you can help anyone else. Switching on, or at least supporting the parts of you with the ability to doing things better is crucial.

Akhbaka is the smart and easy way to do this.

And live each perfect moment perfectly...

Akhbaka elixirs of masculine power to enhance & support your life.

Hades

- Subjectivity
- Self awareness
- Introversion
- Self interest

Odin

- Action
- Momentum
- Movement
- Risk

Apollo

- Form and Function
- Aesthetics
- Appropriateness

Hermes

- Travellers
- Rescuers
- Messengers
- Heros

Pan

- Virility
- Robustness,
- Vitality
- Connection to nature

Thor

- Protector
- Caution
- Self preservation

Robin Hood

- Fairness
- Adventurers
- Redistribution of resources
- Charity

Set

- Limits and limitation
- Chaos
- Envy
- Dissatisfaction

Thoth

- Balanced viewpoint
- Writers
- Knowledge
- Objectivity

Shiva

- Pulling back
- Dismantling, reabsorption
- Certainty

Horace

- Responsibilities
- Genetic disease
- Familial relations

Solomon

- Wise judgement and council
- Balanced decisions
- Consequences

Merlin

- Thinking
- Intellectual power
- Mental discipline and focus

Chiron

- Embryonic stages
- Inexperience
- Inadequacy

Zeus

- Free flowing thought
- Mental agility
- Undirected unbound thought

Posidon

- Depth of emotion
- Depth of character
- Intense involvement
- Core issues

Einstein

- Inspiration
- Conceptual thought
- Invention

Anubis

- Shame
- Guilt
- Dying process
- Regret

Osiris

- Recreating oneself
- Betrayal
- Hardship
- Ongoing Challenge
- Innovation

Dionysus

- Intoxication
- Eroticism
- Eccentricity
- Ecstatic states

Ghandi

- Peace
- Harmony
- Resistance
- Simplicity

Ra

- Creativity
- Self awareness
- Personal fulfilment

Geronamo

- Respecting traditions & customs
- Instincts
- Nobility of spirit

Lugh

- Gaining recognition & acceptance
- Acquiring credentials or skills

Arthur

- Feeling unique
- Visionary leadership
- Fresh perspectives

Lancelot

- Heartfelt ideals
- Brave heart
- Personal convictions

Gallahad

- Altruism
- Gallantry
- Pure intent
- Detachment

Gwydion

- Procedures
- Fostering
- Supervision
- Avoidance

Eros

- Lovemaking
- Relationship skills
- Loving acts

Ares

- Action supporting needs
- Conflict
- Lust
- Involvement

Jesus

- Resignation
- Sacrifice
- Clarity of purpose
- Redemption

Odysseus

- The journey
- Homesickness
- Life path
- Support
- Repair

Buddha

- Awareness
- Still mind
- Perceptive mind
- Telepathy

Baldur

- Admiration
- Personal best
- Motivation
- Self recognition

Paris

- Incorruptible principles
- Cultural guidelines
- Personal integrity

Brounger

- Inexplicable or unavoidable experiences
- Turmoil

Loki

- Lateral thinking
- Mischief
- Cunning
- Street wisdom

Adam

- Beginnings
- Leaving comfort zones
- Awakenings

Atum

- Absence
- Potential
- Waiting
- Inertia

Vulcan

- Skill
- Objects and actions mirroring self
- Making things

Muhammad

- Personal experience of prime creator
- Spiritual responsibility
- Spiritual practice
- Pious living

Icarus

- Reaching for the stars
- Attempting the impossible
- Stretching limits

Achilles

- Character and or physical flaws
- Self acceptance

Descartes

- Intellectual methodology
- Philosophy
- Spatial awareness

Galileo

- Understanding mans place in the cosmos
- Science
- Physical causes

Hercules

- Physical Strength
- Performing tasks
- Routines

Lucifer

- Temptation
- Misgivings
- Feeling at odds
- Imperfection

A.I

- Technological or cybernetic skill
- Link between man and machine
- Transplant surgery

Your Akhbaka Reading

This Represents your unique Masculine Archetypal Profile and offers you invaluable information as to which particular elixir will repeatedly offer you the greatest support throughout your life. It is presented to you in chart form, for your records and the practitioner who has drawn it up for you will usually explain in detail its significance for you. This chart also highlights which Masculine energies play a key role in helping you actually fulfil your personal life purpose. A customised kit containing these same essences can be prepared for you, making it easy for you to feel supported continuously.

Workshops

The beginners workshop is designed to help you understand how each of the 48 Akhbaka elixirs will support you, by helping you tap into aspects of yourself equipped to tackle particular situations.

The PRACTITIONER's workshops are designed to teach you how to confidently prescribe the elixirs for others (friends, family and clients).

The workshops are informative, detailed and fun you will receive a certificate on completion.

Testimonials

When first presented with the elixirs, I was unsure of the effect it would have on me. The elixirs don't make you run faster or jump higher, each elixir works on different emotions and aids in encouraging and enforcing elements, which are weakened at the time. The repetitiveness of taking the elixirs reminds me of the reason why I am taking them in the first place, which is to further emphasis the work I do on my aura and my emotions.

Rowan Isaacs, General Manager, promotional company. NSW

The Akhbaka elixirs have been an integral and constructive part in achieving and maintaining my peace of mind.

Don Brockman, Business consultant, NSW

When I finally combined the Akhbaka elixirs with my Essences of the Goddess it was like coming home. The long awaited union of my inner masculine and feminine had just been catapulted to another level. Since that time my inner process of merging has deepened in the most subtle, profound and miraculous ways.

Diana Calleja, Psychotherapist and spiritual healer. NSW

Wow! Having tried Akhbaka, I was left aware of something happening, some changes within despite the fact that I don't have words to describe them yet. I do look forward to taking them more in the future and understanding more, what they do for me.

Ricky Strong, Interior decorator, NSW.

Taking the essences is easy and safe

You can take your chosen elixir(s) from the stock bottles directly (4 drops 4 times a day) or have a practitioner create a blend, containing all the appropriate essences from which you also take 4 drops 4 times a day. Most people take their drops directly in their mouth whilst some prefer to put 4 drops of the elixir(s) in a glass of water.

For more information and on creating blends consult the [Akhbaka User Manual](#) or attend a workshop.

How do Elixirs work...

The Elixirs are a system of vibrational therapy which works by introducing balancing energy frequencies to an individual...

All physical matter no matter how dense, solid or real it appears, is in fact simply energy vibrating at different frequencies. This is the understanding we have gained through Einstein's quantum physics. Vibrational therapy seeks to bring balance to the resonant frequencies of matter when they have been disturbed. So that matter can return to its original or perfect state. It is therefore an effective way to bring about balance to an individual's mind, body and emotions as well as their environment.

From ancient times humans have held the belief that all life is infused with life force derived from the creative force of the universe. Certain individuals were capable of seeing this energy field clairvoyantly, as well as being able to manipulate it through the use of certain esoteric practices. They were sometimes called magicians, or miracle workers. Today we call these individuals energy healers or vibrational therapists.

The Elixirs are a system of vibrational therapy which works by introducing balancing energy frequencies to an individual, which have previously been stored within the energy pattern of water and preserved with brandy. As the individual continues to ingest or is exposed to the appropriate elixir, his or her energy field benefits. This balancing frequency can originate from countless sources within the universe. In this case the source are the masculine archetypes of creation invisible energy fields which are the origin of all physical form.

The best elixirs to support you through life's ups and downs

Alcoholism; and addiction; Dionysus, Merlin, Achilles, Set

Career; Zeus, Odin, Lugh, Ra, Apollo, Hercules, Vulcan, Gwydion, Muhammad

Conflict; Ares, Buddha, Set, Paris, Thoth

Dynamism; Odin, Apollo, Zeus

Dying; Anubis, Osiris

Envy; Set

Education; Lugh, Merlin

Chronic Fatigue; Lucifer, Odin, Hercules, Odysseus

Decision making; Solomon, Thoth, Icarus, Arthur, Hades

Instincts; Geronamo, Horace

Failure; Achilles, Anubis, Osiris, Shiva, Odin

Finances; Apollo, Robin Hood, Set

Healers; Chiron

Hardship; Jesus, Brounger, Odin, Merlin, Baldur

Leadership; Arthur, Osiris, Adam

Management; Zeus, Gwydion, Solomon, Icarus, Paris, Buddha

Problem Solving; Thoth, Zeus, Apollo, Einstein, Solomon, Decartes, Galileo, Loki

Projects; Apollo, Gwydion, Odin, Ra

Relationships; Eros, Lancelot, Posidon

Stress; Buddha, Shiva, Brounger

Tradespeople; Vulcan, Odin, Hercules

Sexual dysfunction; Pan, Eros, Lancelot, Odin, Anubis, Hades, Dionysus

Hardship; Jesus, Brounger, Odin, Merlin, Baldur

Sport; Hercules, Hermes, Vulcan, Apollo

Technological Challenge; A.I, Decartes

Time Constraints; Set, Apollo, Lucifer

Success; Osiris, Ra, Baldur

Overwhelm; Brounger, Shiva, Jesus, Soloman

Wealth creation; Lancelot, Shiva, Loki, Icarus, Odin

Upheaval; Brounger, Odysseus, Lucifer, Buddha

Social skills; Apollo, Lancelot, Thoth, Gallahad, Eros

Travel; Hermes, Posidon

*For more information, consult user manual.



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